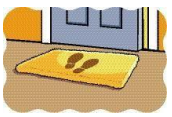
Actions for Sounds List

Bug Club Phonics

Phase 2

s	Make a sunrise motion with both palms facing forwards	
ss	Trace your hands from your shoulders downwards	
a	Pretend to take a bite from an apple	
t	Mime turning on a tap	
p	Pretend to flip a pancake in a pan	
i	Make antennae by wiggling two fingers on top of your head	
n	Cup your hands and round them upwards	
m	Pretend to wipe your feet on a mat	
d	On both hands, point two fingers downwards like ears	
g	Pretend to stroke a goatee on your face	
o	Wave your arms at your sides like tentacles	

Actions for Sounds List

c	Stroke some imaginary whiskers on your face	
k	Mime turning a key in a lock	
ck	Pretend to sling a heavy sack over your shoulder	
e	Make a trunk using your arm and swing it from left to right	
u	Mime putting up an umbrella	
r	Pretend to nibble on some cheese	
h	Using one hand, mime placing an imaginary hat on your head	
b	Mime lifting a heavy shopping bag	
f	Fan your face with your hand	
ff	Cup your hands like you are holding a muffin and take a bite	
l	Point at your leg	
ll	Pretend to cradle a baby	

Actions for Sounds List

Bug Club Phonics

Phase 3

j	Scoop jam from a jar using two fingers, spoon to your mouth	
v	Pretend to steer with an imaginary steering wheel	
w	Extend fingers on both hands, place one in front of the other	
x	Draw your hand away from your face to mime a long snout	
y	Cup your hands around your mouth and pretend to shout	
z	Zip up an imaginary jacket	
zz	Pinch three fingers on one hand and bob them up and down	
qu	Place an imaginary crown on your head with a domed hand	
ch	Make a chopping action with one hand on your opposite palm	
sh	Pretend to listen to a shell at your ear	
th	Cross your hands over each other and flap them like wings	

Actions for Sounds List

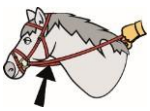
ng	Put a crown on your head with domed hand and stroke a beard	
ai	Cup one hand over opposite fist and extend two fingers on fist	
ee	Curl your fingers in loops at either side of your head	
igh	Place prayer hands on the side of your head like a pillow	
oa	Make the outline of a rowboat with your arms	
oo (long)	Pretend to spoon food into your mouth	
oo (short)	Mime opening a book with your hands	
ar	Make twinkly stars in the air by opening and closing your fists	
or	Mime spearing food on a fork and lift to your mouth	
ur	Ripple your arm in front of you like a wave	
er	Mime climbing a ladder with your hands	
ow	Cup your hands in circles around your eyes	

Actions for Sounds List

oi	Rub your fingers together above your palm, like sprinkling dust	
ear	Cup your ear with one hand and pretend to listen hard	
air	Clasp hands in fists in front of you and pretend to lift a chair	
ure	Hold your nose and waft your hand in front of your face	

Actions for Sounds List

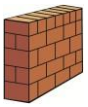
Phase 5 Units 13-21

wh	Hold your fist at the side of your head and extend fingers up	
ph	Place your palms together and make a diving motion forwards	
ay	Mime placing down a tray	
a-e	Pretend to pick a grape from a vine and eat it	
eigh	Draw a ‘figure eight’ with your finger in the air	
ey	Extend your fingers and move both hands in circular motions	
ei	Mime holding reins and move your hands in rounding motions	
ea	Clap your hands together like a seal	
e-e	Move your arms forwards and backwards as though running	
ie	Hold your arm vertically across your body like holding a shield	
ey	Make monkey arms under your armpits	

Actions for Sounds List

y	Make floppy ears with your hands on your head	
ie	Trace a strip down the front of your body	
i-e	Mime holding handlebars and make a pedaling motion	
y	Flap your hands by your side like little wings	
i	Hold your hand flat in front of you to indicate a small child	
ow	Draw a rainbow in the air with one hand	
o-e	Tap your nose	
o	Mime posting a letter in a post-box	
oe	Point to your toe	
ew	Mime twisting a screw into a wall	
ue	With one hand, rub your opposite palm in circular motions	
u-e	Pretend to play a flute	

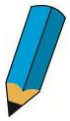
Actions for Sounds List

u	Trace the outline of a bush using both hands	
oul	Place your hand on your chin as though deep in thought	
aw	Pinch your thumb and forefinger in front of your mouth	
au	Pretend to place a large, round space helmet on your head	
al	Put both arms in front of you with palms facing forwards	
ir	With your index finger vertical, brush your cheek twice	
ear	Create a clam shape with your hands and then open them	
ou	Create a roof shape with your hands	
oy	Hold your right index finger under your chin and point to the left	

Actions for Sounds List

Bug Club Phonics

Phase 5 Units 22-27

ere	Trace the outline of a sphere with both hands	
eer	Place your thumbs above your ears and spread fingers wide	
are	Draw a square shape in the air with your finger	
ear	Cup your hands to your heart	
ch	From a fist, extend your little finger and thumb and float it down	
c(e)	Roll your arms around each other like a cement mixer	
c(i)	Pretend to write onto a piece of paper	
c(y)	Mime clashing two cymbals together in the air	
sc	Make a scissor shape with your fingers and pretend to cut	
st(l)	Make air quotations with fingers and zigzag them downwards	
se	Stack your fists and move them in forward circular motions	

Actions for Sounds List

se	Hold your hand out in front of you like a stop sign	
g(e)	Stroke your ring finger as though admiring a precious ring	
g(i)	Hold your arm high above you like a long neck	
g(y)	Pretend to lift a set of hand weights	
dge	Hold one arm flat and use two fingers to mime walking across	
le	Hold your finger in front of your face and blow on it	
mb	Pretend to comb your hair	
kn	Link your fingers together and close hands into a knot shape	
gn	Make a pointy gnome hat with your hands on your head	
wr	Point to your wrist	
tch	Pretend to strike a match on your palm	
c(ial)	Give yourself a hug!	

Actions for Sounds List

c(ian)	Pretend to play a violin	
ss(ion)	Shake some imaginary maracas	
t(ion)	Move arm in circles in front of torso, then turn palm to the floor	
ch	Pretend to carry a serving tray	
ea	Hold out your arm and wiggle your fingers down it	
s(ion)	Make a big star shape with your arms outstretched	
s(ure)	Mime lifting the lid of a treasure chest with hands in front of you	
s(ual)	Pretend to put on a pair of glasses	
(w)a	Stack one arm horizontal and the other vertical, bend your wrists	
o	Do a funny skeleton dance!	